

School Based Health Centers: Creating Access for Students & Families

JCC Spring
Conference 2025

jacksoncareconnect.org

Welcome!


Jackson Care Connect
Part of the CareOregon Family

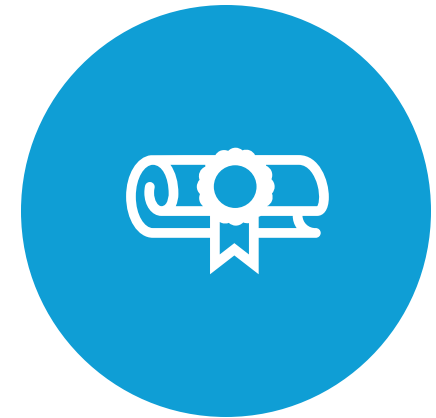




WHO WE SERVE, NUMBER
OF VISITS



HOW THE SCHOOL-
BASED MODEL WORKS



BENEFITS OF SCHOOL-
BASED

School Based Medical and Nursing Support provided on site

Not Just Band-aids and Ice



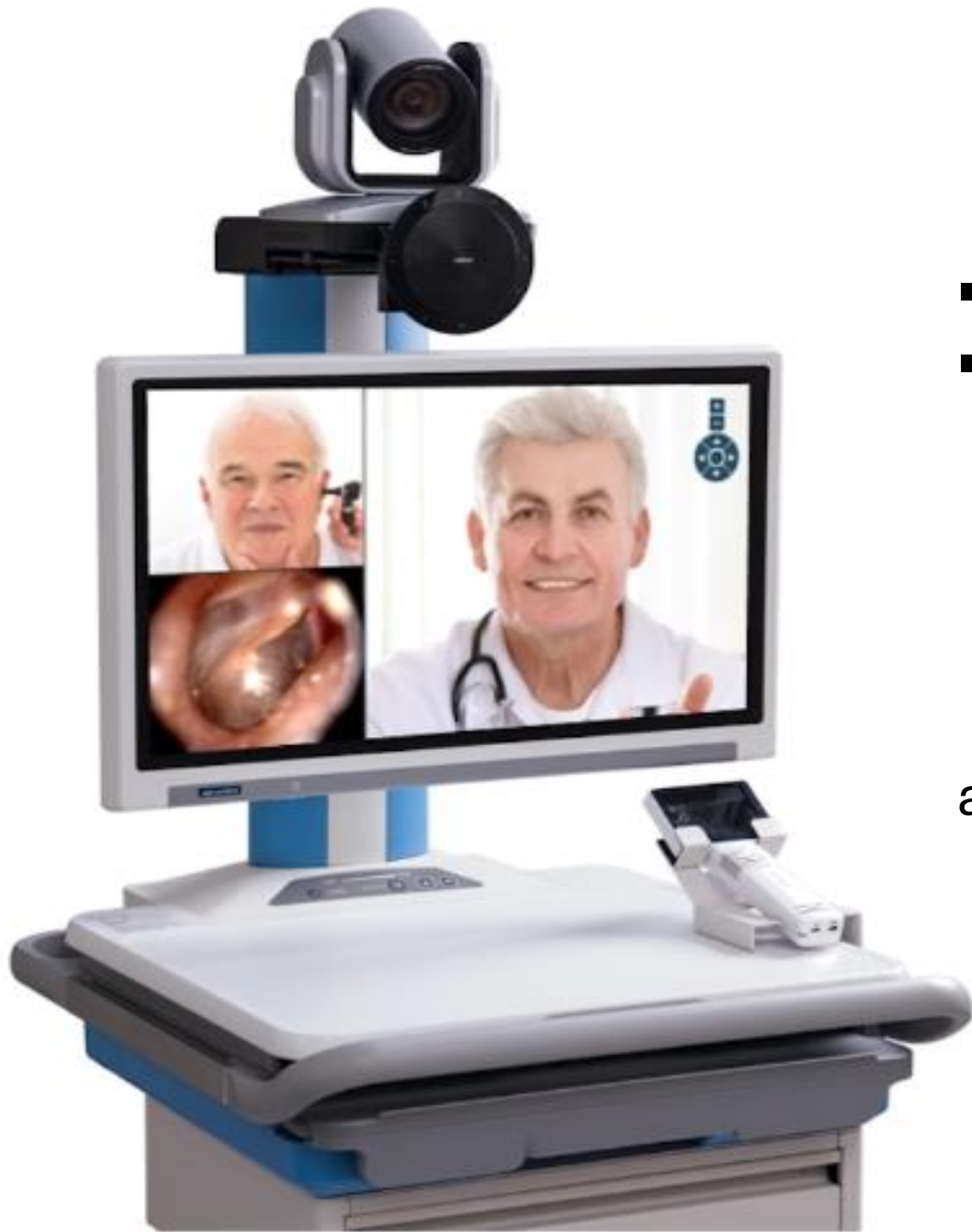
Acute illness and injury- Not just bandaids and ice.

2 Models of health care:

A. Provider Model

- § 10 hours of **in school** provider per week.
- § Primary care provider
- § Nurse care in person is 3-5 days a week
- § Well Child Visits
- § Sports Physicals





B. Non-Provider Model

- No provider time at the school
- Nurse usually in person 2 days a week

Use of Telehealth cart for provider support

Parents join in person or virtual through link

Part of a Pilot Project

Proven to be very helpful for remote schools
and underserved populations

Engagement evidenced by written consent

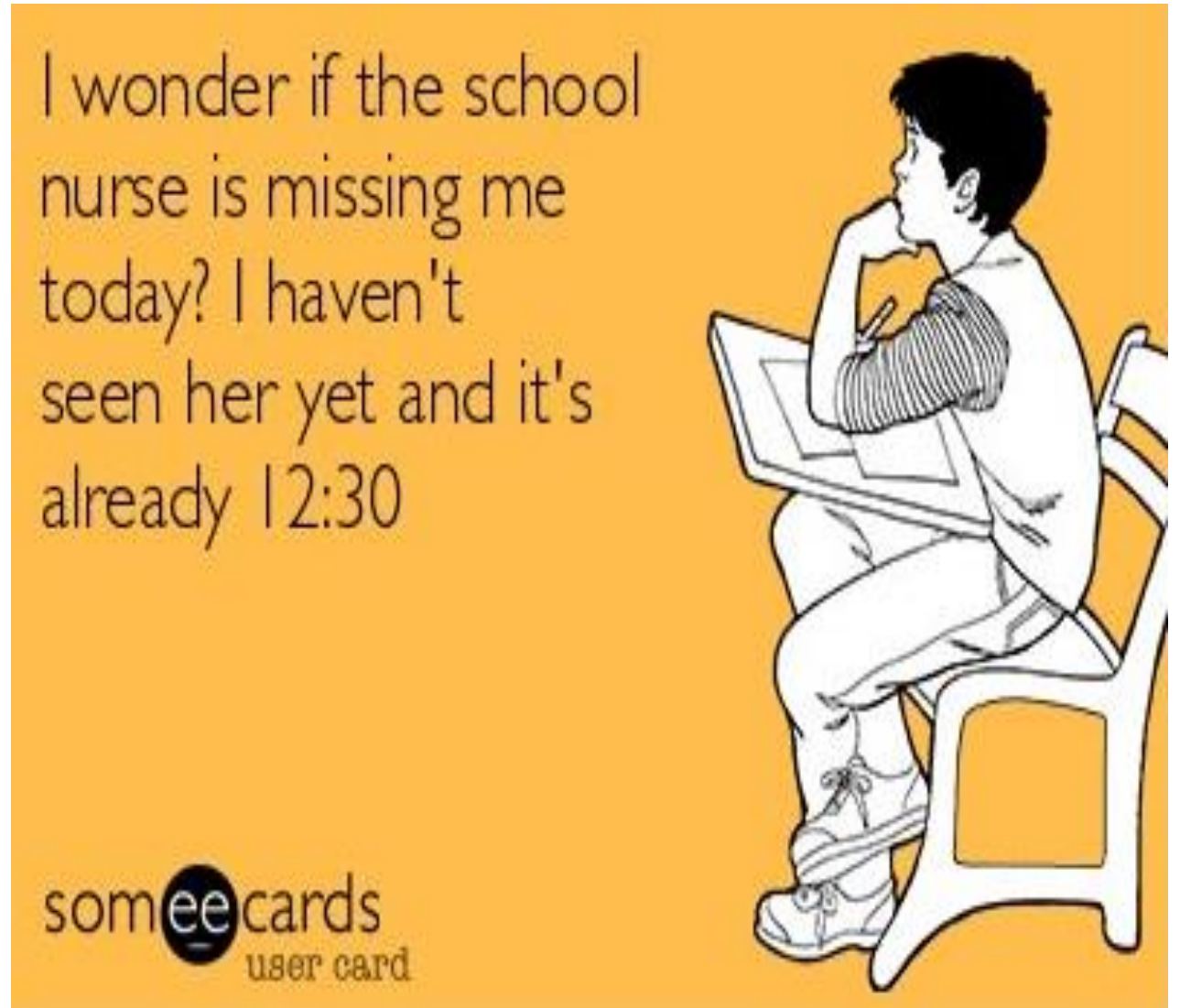
Sams Valley Elementary 49% of population

Patrick Elementary 37% of population

Central Point Elementary 30% of population

What Can School Based Pediatric Nurses Do?

Hearing Screening and rechecks
Vision Screening and rechecks with
 Vouchers for Glasses
Helmet Give Away and Education
Broken Bones Eval and Splint
Sprains
Evaluate Head Injuries
Lacerations-cuts
Hematomas-bruises
Eye Infections Evaluations and
 Treatment with Provider
Evaluate Breathing problems
Rashes
Cough
Pain for Unknown and Known Reasons





- Dressing Changes and Weekly Monitoring of Healing Process
- Nausea and Stomach Complaints -often a sign of something else
- Swelling Known and Unknown Cause
- One on One Weekly Nutrition Counseling
- Discovery of Cardiac Issues and Referral

Primary Care Visit Follow-up

ED Visit Follow-up

Coordination of Care with ALL Child Providers in this Valley

Eye Injuries-mostly education of student and parent sx of corneal scratch-when to seek care

Urinary Tract Infections Diagnosis and Treatment

Ear Infections Evaluation and Treatment with provider

Ear Lavage (cleaning for improved hearing)

Strep Throat Diagnosis and Treatment

Wound and Rash Cultures

Rescue Inhaler and Med Neb Treatments

Assistance with Chronic Diseases as requested by staff or parents

Coordinate with Mental Health Services



Middle and High School

- Basic Needs for Food, Shelter, Mental Health, Medical Care
- Birth Control Education and Dispensing
- Pregnancy Testing, Support and Education
- Sexually Transmitted Diseases- Diagnose, Treatment and Education
- Healthy Relationship Guidance
- Family Support
- Privacy Protection




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Mental Health Behavioral Health Clinicians (BHC)

Our team of over 30 mental health therapists provide services at health centers in 19 schools.

We provide services to children and adolescents from elementary to high school age.

A series of blue dashed lines in the bottom right corner, curving upwards and to the left.

What We Do



Our team provides regular individual, group, and/or family therapy to our clients to address a variety of presenting concerns, including, but not limited to:

- Depression
- Anxiety
- Trauma
- Substance Use
- Parental Divorce/Separation
- Emotional Dysregulation

Collaboration



Families



School



La Clinica
Team



Engaging in Services



Behavioral Health Support Specialist (BHSS)

What We Do

- Work directly with students, one-on-one or in small groups
- Reinforce therapeutic goals through practice and coaching
- Partner with therapists, teachers, and families

Focus Areas

- Emotional regulation
- Coping strategies
- Social skills and communication
- Conflict resolution
- Self-esteem and resilience





Individual Services

How do students access BHSS services?

- Student must have an active treatment plan with a therapist
- Skills training is added as extra support
- Therapists typically refer, but staff can suggest and coordinate with SBHC team

Where it Happens

- On-campus, during the school day
- Sessions are flexible and adapted to individual student needs



Group Services: Providing Broader Access

Why groups?

- Groups provide support for students who may not need or qualify for therapy
- Helps reach students in schools without a licensed therapist
- Broadens access to skill-building opportunities

Flexible Format:

- Topics and structure are adapted to meet the group's needs
- Typically 3–5 students per group
- Usually 4–8 sessions
- Activities are interactive: social games, discussion, drawing, and role-play



Common Focus Areas:

- Friendship & social skills
- Conflict resolution
- Managing anxiety
- Emotional awareness

Why Skills Training Matters

Our Impact:

- BHSSs have flexibility to see students in various settings, giving therapists additional insight outside the office.
- We reinforce goals being worked on in therapy and help students apply them in context—whether it's in the classroom, hallway, or playground.
- This layered support often reduces behavioral challenges, boosts engagement, serves as a steppingstone for students that might eventually benefit from therapy services.
- Provides broader access to mental health services.



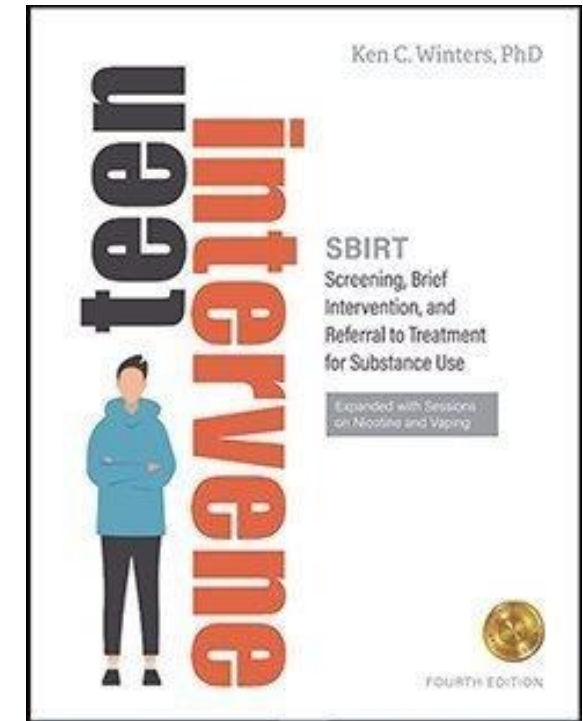
Behavioral Health Support Specialist (BHSS), CADAC, QMHA

We piloted this support last school year, with 1 BHSS/CADC at 3 high schools.

2023–2024

2024–2025


This school year we now have 2 BHSS/CADC's and we are providing brief intervention and supports at 7 schools across Jackson County. (3 middle schools and 4 high schools)



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What we do

We provide a variety of services designed to support youth and the community such as:

- Substance Use Brief Interventions
 - Referral to youth serving treatment agencies
 - SDOH Screening & Referrals
 - Behavioral Health Screenings
 - Community Education
 - Group Support
 - Youth Resource Connections
 - Alternative to out of School Suspension
- 
- A blue curved line graphic in the bottom right corner of the slide.

Youth With SUD in last year (2021-22)	Oregon	US Average
Age 12-17	12.5% (~38,000 youth)	9%
Age 18-25	36% (~148,000 youth)	27%

Youth who are classified as needing substance use treatment who did not receive treatment (measure of unmet need)	
Age 12-17	Sampling Issue: Unknown*
Age 18-25	83% (~135,000 youth)

Why brief intervention matters


- For people 12 –17, previous analysis and research suggests that this number is in line or higher than ages 18-25.
- Source: 2022 National Survey of Drug Use and Health State Data Tables and Reports from the 2021-2022 NSDUH (tables 22 and 30)

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Impact of Brief Intervention: Data Overview

School Year 23/24: We
reached **93** students

School Year 24/25: We have
reached **129** students with
a total of **294** care steps.

Several short, thick blue lines of varying lengths and orientations scattered at the bottom right of the slide.



LA CLINICA


SCHOOL-BASED HEALTH CENTERS

Contact info

School-based health centers: 541-842-3771

General information: 541-535-6239

Referrals: 541-494-4750



Where can you find a La Clinica School Based Health Center?

Phoenix/Talent:

Orchard Hill Elementary: 541-897-5160

Phoenix Elementary: 541-535-1065

Talent Elementary: 541-897-5160

Talent Middle School: 541-897-5160

Phoenix High School: 541-897-5151

Armadillo Community Charter School: 541-897-5151

Ashland:

Ashland High School: 541-482-8771

Medford:

Jackson Elementary: 541-842-3771

Washington Elementary: 541-842-3855

Oak Grover Elementary: 541-842-3374

Central Point:

Jewett Elementary: 541-494-6611

Central Point Elementary: 541-494-6575

Mae Richardson Elementary: 541-494-6575

Patrick Elementary: 541-494-6818

Rogue Primary Elementary: 541- 541-494-6575

Sams Valley Elementary: 541-494-6818

Hanby Middle School: 541-494-6818

Scenic Middle School: 541- 494-6417

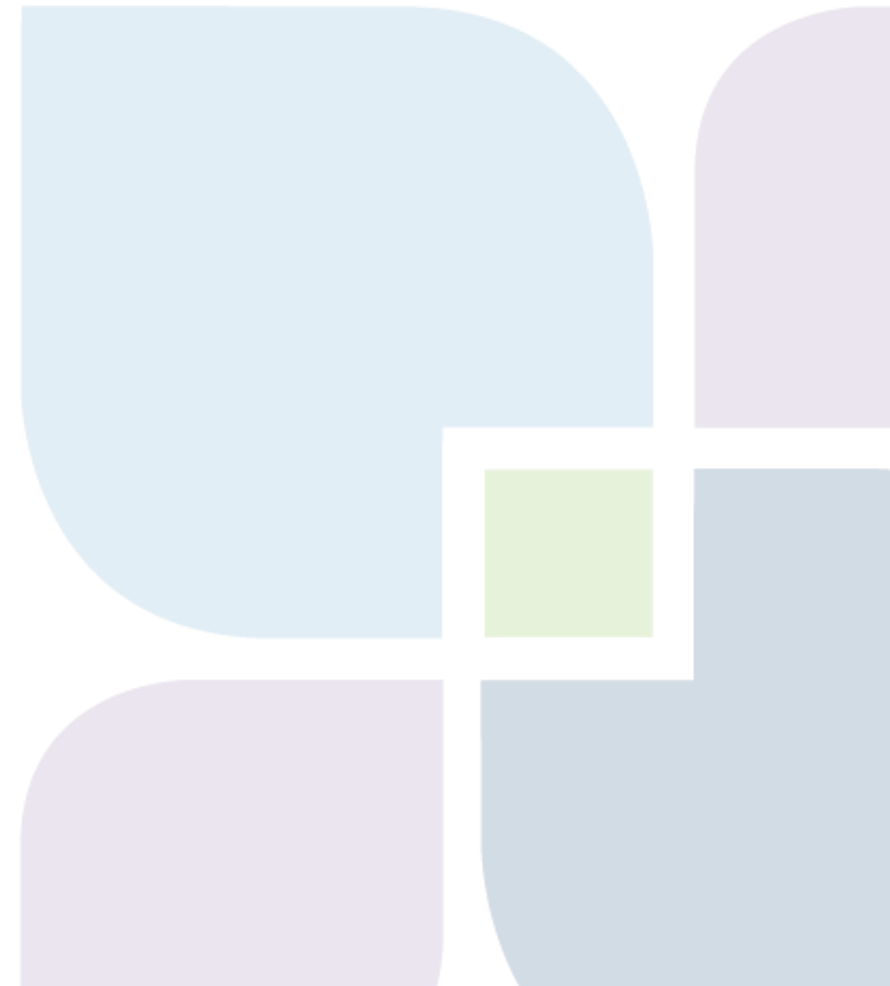
Crater High School: 541-494-6323

Q & A





Supporting Students & Families Through School-Based Health Centers





- Rogue Community Health is a Federally Qualified, non-profit health center.
- We provide affordable, high-quality care to nearly 15,000 Southern Oregon residents.
- We have Medical, Dental, and Behavioral Health locations in Ashland, Medford, Eagle Point, White City, and Butte Falls.



School-Based Health Centers (SBHC)



- An SBHC is a health clinic located within a school.
- We serve over 4000 students regardless of insurance or ability to pay.
- We offer primary care and behavioral health at four SBHCs.

Eagle Point High School • White Mountain Middle School
Table Rock Elementary • Butte Falls Charter School



SBHC Services

We have on-site primary care providers, nurses, and behavioral health clinicians.

Well-Child Exams



4,074 D9 Students

Sports Physicals



1,598 Medical Visits

Flu Clinics



1,861 Behavioral Health Visits

Immunizations

Acute Visits

Mental Health

60%

Almost 60% of D9 students
received medical and/or behavioral
health services in 2023-2024

SBHCs remove barriers by making care easy and affordable.



How Students Access Services

- Services are available Monday–Friday during the school year.
- We serve students and their siblings.
- Signed consent forms are required (unless the student is of consenting age).



Strong partnerships with District 9 schools are key to connecting students to the care and services they need.



Engagement and Support for Our Families & Staff



Family Engagement

We show up at events where our families are so they can meet our team and ask questions.



Migrant Families

We help migrant families catch up with immunizations and translate immunization records from Mexico.



Staff Relationships

School staff increasingly trust and rely on us for their own health needs, with many using us for primary care.

Additional Services We Offer



**Behavioral
Health
Clinicians**

**Youth
Resource
Navigator**

**Mobile
Dental
Prevention**





School-Based Behavioral Health

Ryan Ebersberger, LCSW

Behavioral Health in Schools

Our school-based therapists make it easy for students to get compassionate mental health support during the school day.

Individual Therapy

Family Therapy

Group Therapy



Ryan Ebersberger, LCSW
Behavioral Health Manager
Butte Falls Charter School
URCEO
Embedded Therapist



Kathryn Daniels, LPC, CADC
Lead Clinician
Eagle Rock Elementary
Lake Creek Learning Center
Embedded Therapist



Paul Matthews, LCSW
White Mountain Middle School
School-Based
Health Center



Chris Lujan, LPC
Hillside Elementary School
Embedded Therapist



Behavioral Health in Schools

Advocacy



Nancy Tovar, CSWA
Table Rock Elementary
School-Based
Health Center

Jerry Sanchez, LPCA
Shady Cove School
Embedded Therapist

Care Coordination



Kathryn Daniels, LPC
Eagle Point High School
School-Based
Health Center

Available Year Round



Luke Barteaux, LPC
Eagle Point Middle School
Embedded Therapist

2023-2024
398 referrals
4,097 visits



How Students Connect With Us

- Demand for behavioral health services is high, and we're meeting it through school-based access.
- We receive referrals from teachers, staff, and families.
- Students of age can self-refer.
- Signed consent forms are required.

2024-2025
380 referrals
2,800 visits

Español en el reverso

School-Based Behavioral Health

ACCESSIBLE. FRIENDLY. CARING.



WE'RE HERE TO HELP STUDENTS THRIVE

Our school-based therapists make it easy for students to get compassionate mental health support during the school day. We are dedicated to fostering the overall well-being and academic success of students through care that makes a lasting difference in young lives.

- Individual Therapy
- Family Therapy
- Group Therapy
- Care Coordination
- Advocacy
- Available Year- Round

Get Started Today

Scan the QR code and fill out the Student Needs form, or find it at <https://roguecommunityhealth.org/patient-forms/>



Ask a teacher or school support staff for help.

- Hillside Elementary
- White Mountain Middle School
- Eagle Point Middle School
- Butte Falls School
- Lake Creek Learning Center
- Table Rock Elementary
- Eagle Point High School
- Eagle Rock Elementary
- Shady Cove School
- URCEO



Youth Resource Navigator (YRN)

Michelle McCormick

What does a Youth Resource Navigator Do?



Jocelyn Rodriguez-Banuelos
Youth Resource Navigator

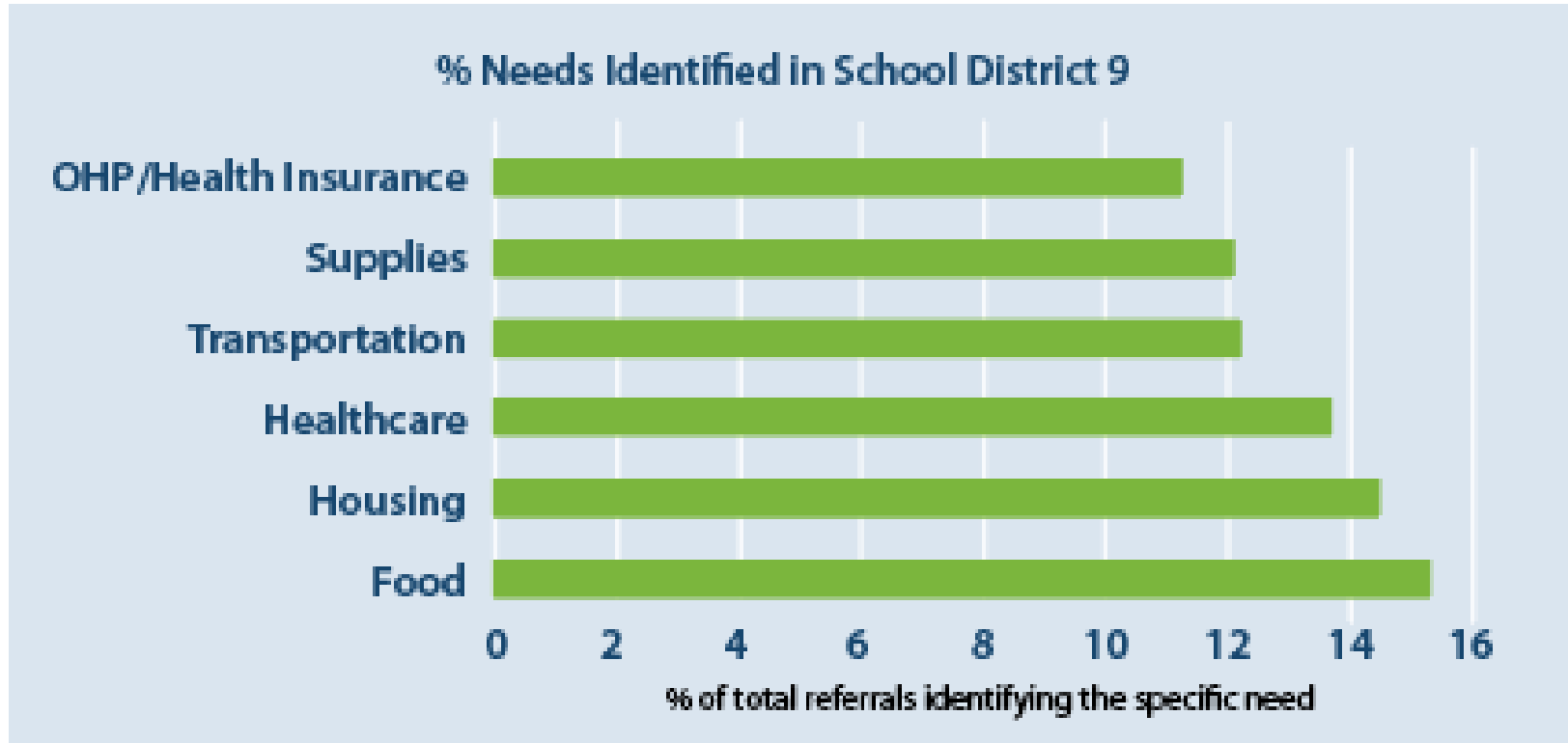


Funding Opportunities

- Succes Funds
- SDH Funds
- Family Success Funds
- Community Partners



Top Needs Identified in School District 9



Looking Ahead: Goals

- Increase engagement with teachers and school staff
- Increase embedding within schools
- Increase utilization of YRN



Youth Resource Navigator Success Stories

A single mom found after-school care with help from our YRN and was able to afford it through financial assistance.

A student starting adult life got help applying for housing and searching for work.

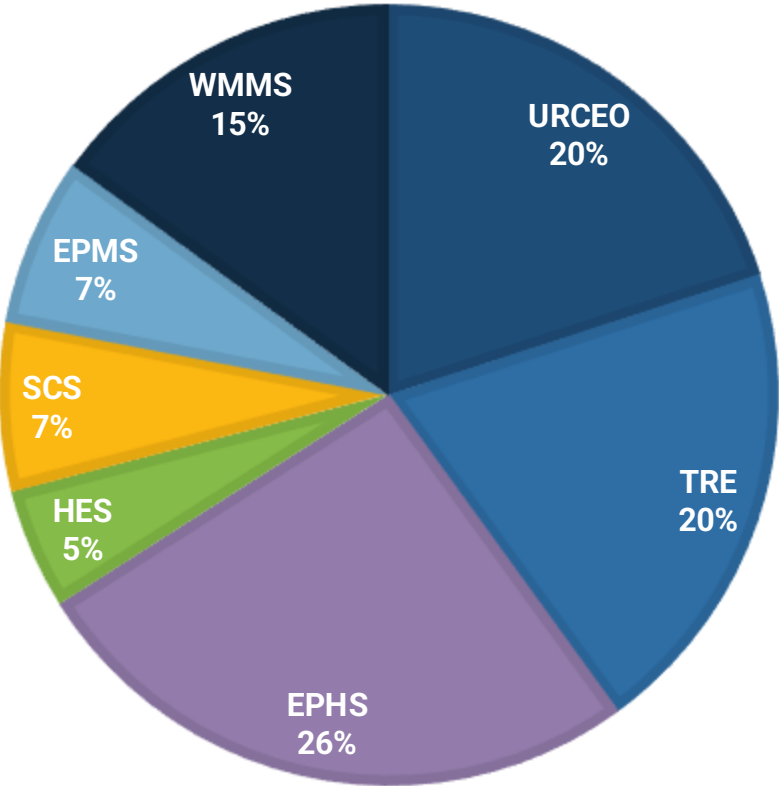
A student received funds and support to get a state ID, opening doors to employment and housing.



2023–2024 School Year in Review

SCHOOLS REFERRING TO YRN FOR SDOH

■ URCEO ■ TRE ■ EPHS ■ HES ■ SCS ■ EPMS ■ WMMS



57

Referrals
Received

56%

% of Referrals Sent
by School Staff

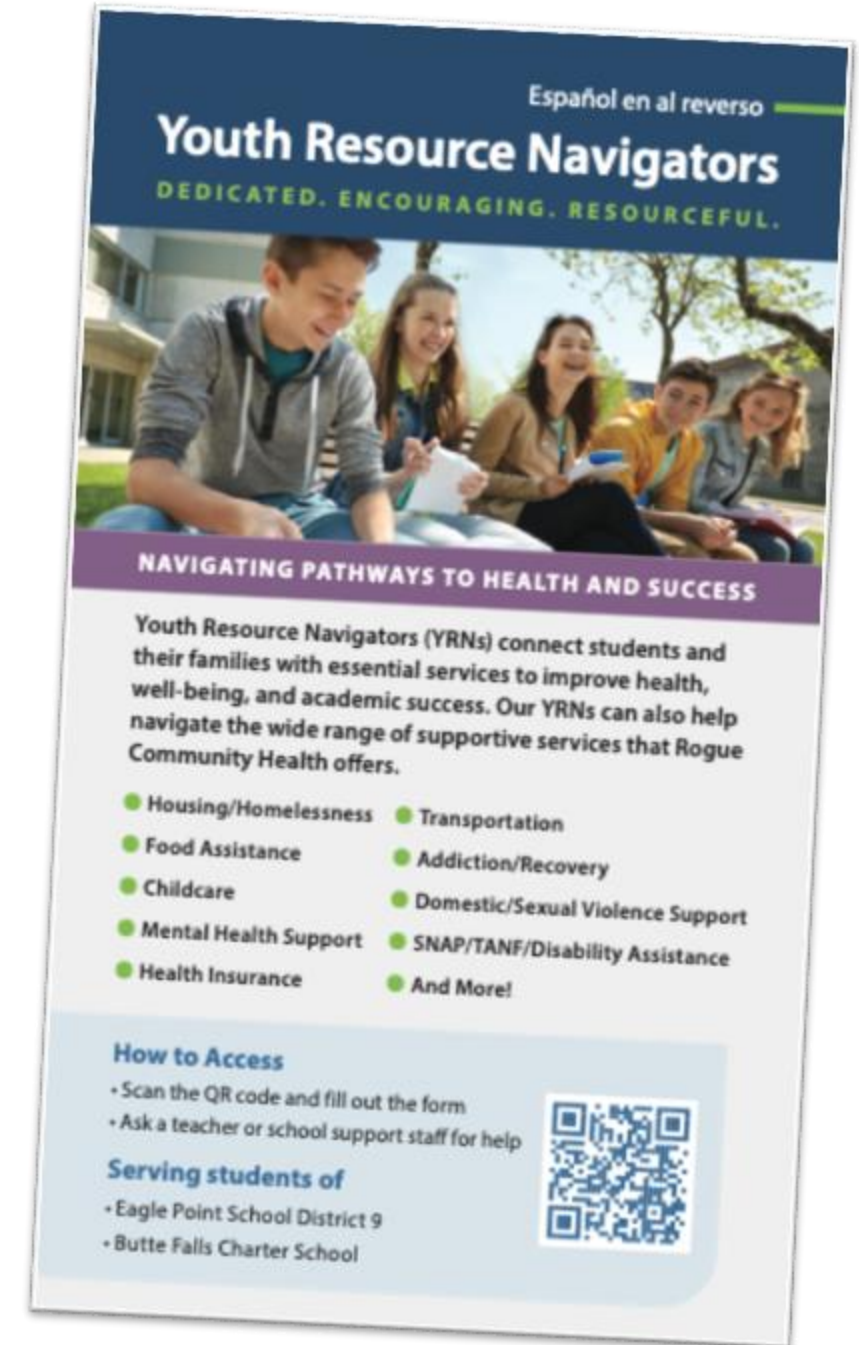
81%

Total Unduplicated
Students Served at D9



How do Students Connect with the YRN?

- YRN is on-site at URCEO and EPHS one day each week.
- YRN info is shared via SBHC staff, school newsletters, rack cards, and staff meetings.
- We support school events.
- All referrals made by school staff or students require informed consent.





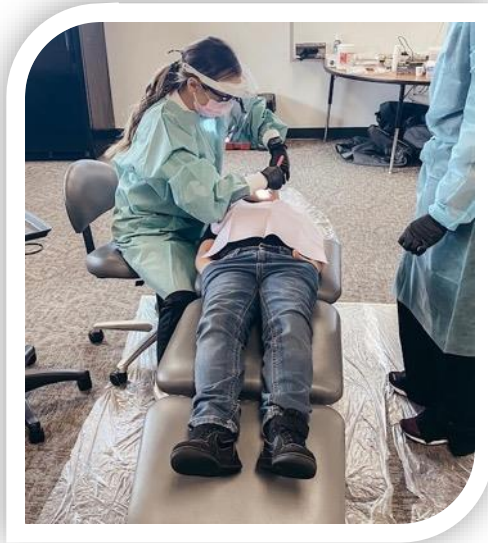
Dental Prevention Program

Kourtni Faber, RDH EP

Dental Prevention Program

Mobile Dental Clinic for School Districts 9, 59, and 91

Sealant Clinic



October through February

- An oral assessment
- The first fluoride varnish application

Fluoride Clinic



October through June

Students receive a second fluoride varnish three months after the first, which is especially important for the high-risk population we serve.

Dental Education



October through June

Dental education clinics run the length of the school year.



Positive Impacts on Dental Health

Children who receive a dental sealant are 80% less likely to experience tooth decay.

Oral Health Outreach	'23-24	'22-23	'21-22	'20-21*	'19-20	'18-19
Oral assessments	864	844	553	n/a	1241	977
Oral health education	2860	2,190	892	n/a	498	3,894
Fluoride varnish (total students)	761	773	520	n/a	952	777
Fluoride varnish (total applications)	1351	1,388	921	n/a	1,549	2,138
Sealants	993	685	207	n/a	377	246
Oral health referrals	298	235	174	n/a	459	378

- Oral health is an essential part of total health.
- Early identification of problems helps avoid more serious and costly treatment.
- When we identify a need for additional care, we follow up with parents and, when appropriate, help families find a dental home.



How We Connect with Students



- Our Dental Prevention Team hand-delivers consent packets in English and Spanish to each school office.
- To participate, families must return our consent forms.
- A new digital consent form option for the 2024–2025 school year helped increase participation at some schools!



Questions?



School-Based Health Center Team



Monday, May 12

COMMUNITY WORKSHOP:
**A Conversation
on Substance
Use & Stigma**

**In partnership
with UR Medicine
Recovery Center
of Excellence**

Community Conversation

9:00 a.m. – 12:00 p.m.

Join us for an interactive conversation about supporting people with Opioid Use Disorder (OUD) and their families. We'll explore how understanding and empathy can help reduce stigma in our communities. Powerful portraits and videos of individuals with lived experience will guide the conversation.

Facilitation Leader Training

1:00 p.m. – 4:30 p.m.

Stay for the afternoon and learn how to lead this important conversation in your community.

(Must have attended the Community Conversation)

Jackson County Health & Human Services
140 S. Holly Street, Medford



Register

Scan the QR code

Michelle McCormick
mmccormick@roguech.org

Jessica Quirarte
jquirarte@roguech.org



Recovery Center of Excellence

HRSA Disclaimer

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Thank you.

