

# Culturally Connected Behavioral Health Care

**Friday, April 25th**

**9:00-10:30am**

[jacksoncareconnect.org](http://jacksoncareconnect.org)



**Jackson Care Connect™**

Part of the CareOregon Family

# Housekeeping

Take care of yourself today.



BATHROOM  
LOCATION



COFFEE  
TEA/WATER



BREAKS AND  
SELF-CARE



CEU'S

# Session Invitations

- ✓ Participate at your comfort level
- ✓ Be in a learning mindset
- ✓ Be present for these 90 minutes with minimal distractions
- ✓ Be mindful of any interpretation services



# Welcome Community!

## Share with each other:

- Why does culturally connected behavioral health matter?
- What drew you to this session?
- What would you like to leave with?



# Culturally Connected Behavioral Health Care

Focusing on behavioral health care supports and services for members that are inclusive of their cultural norms, values, customs and needs. This session will highlight services offered, positive outcomes, as well as considerations in providing culturally rooted behavioral health care.

## **Reclaiming Lives Recovery Café - El Camino Seguro**

- Stephanie Castaneda
- Stephanie Mendenhall

## **HIV Alliance**

- Larry Howell

## **ColumbiaCare Services**

- Jeremy Molck

## **La Clinica**

- Katie Van der Laan
- Asucena Aguilera

## **Cow Creek Band of Umpqua Tribe of Indians**

- Whitney Yeust

# Learning Objectives

**Promoting and expanding culturally connected Behavioral Health Care by:**

- 1. Better understanding of the meaningfulness of culturally rooted care and the impacts on outcomes for members, work satisfaction for behavioral health professionals who do the work, and on the community.**
- 2. Obtaining insight into and benefits of standing up a culturally connected behavioral health service offering**

**When people receive culturally rooted behavioral health care, they can feel seen and validated in their own cultural identities, and are empowered to embrace their authentic selves.**

*~Leticia Harris Miller*







# 2025 Jackson Care Conference



# Peé Tuú

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Whitney Yeust  
Prevention Coordinator

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Jennifer Bryant  
Cultural Resource Program Manager



# Practices Rooted in Culture

Treaties were broken.

Our lands were taken.

Our culture was suppressed.

Our language went to sleep.

All of this created generational trauma for our people.

It is important to connect our community back to our lands and our culture to begin the healing. We need to bring back those warriors, the gatherers, the hunters, and the medicine makers.



We do this by offering additional cultural teachings by our cultural leaders.



# Cultural Classes



Drum making





# Field Trips

South Umpqua  
Pow Wow grounds  
clean up



# Smudging



Traditional fan and Abalone shell





# Wellbriety

Drumming and Talking Circle





# Canoe Journey



Confederated Tribes of Coos Siuslaw and Lower  
Umpqua - Lottie



# Questions?

Tuuwuù'k<sup>h</sup>  
(Thank you)



# Connecting learning with **ACTION & APPLICATION**

1. An action you want to take.
2. A connection you will follow-up on
3. A resource you will bring to your community.





# Thank you!

April's contact info

deaglea@careoregon.org



- ❑ Looking for CEUs? Visit the registration area and pick up a form to submit
- ❑ Check out: **Rogue Food Unites** pop-up farmer's market
- ❑ Share your feedback about the conference use the QR code on the agenda.