

Pain Management Modalities

Service		Self-Referral And/or Prior Authorization	CCO Notes Based on coverage within OHP Prioritized List
Physical Health Benefits	Acupuncture	PA*	*AC- PA required *JCC- covered, No PA *PHJC-PA Required WOAH-Initial evaluation with contracted provider covered without PA. Must be referred by PCP
	Osteopathic Manipulation	SR, PA	AC- PA required JCC- covered diagnosis paired with CPT code PH- PA unless done by PCP WOAH-No auth if done by PCP. Initial evaluation with PCP referral covered, ongoing treatment needs PA from treating provider.
	Chiropractic	SR, PA	AC- PA required JCC-No PA for evaluation. PA required for treatment. PHJC-PA Required WOAH- PCP or back pain clinic referral required, PA for ongoing treatment
	Massage	PA	AC- May be accessible through rehab or chiropractic services. PA required JCC-Accessible through chiropractic services PHJC- May be accessible through rehab or chiropractic services. PA Required WOAH- May be accessible through PT or Back Pain Clinic
	Physical Therapy	PA	Hydrotherapy may be accessed through physical therapy or gym membership AC- PA required JCC- Evaluation and first visit covered without PA. Ongoing treatment requires PA. Evaluation and 5 visits (combined) for not covered diagnosis with PA. PH-Evaluation and first visit covered without PA. Ongoing treatment requires PA. WOAH-Initial evaluation covered without PA. PT will request PA for ongoing therapy.
	Occupational Therapy	PA	AC- PA required JCC- Evaluation and 5 visits (combined) for not covered diagnosis with PA. PH- Evaluation and first visit covered with no PA. Ongoing treatment requires PA. WOAH- Evaluation with no PA. OT will request PA for ongoing treatment.
	Nutrition Counseling	SR	AC-Accessible through dietician. No PA required for first 5 visits. JCC- available through YMCA program *PH- PA required *WOAH-RD available with PA. Classes through BAH Community Ed, Dietary support group (TOPS) through weight mgmt program
Mental Health and Addictions	Cognitive Behavioral Therapy/ Acceptance and Commitment Therapy	SR	AC- Please contact member's Mental Health Provider; Options (Josephine), JCMH (Jackson), Curry Community Health (Curry) JCC- Please contact behavioral health department at 503-416-3404 for authorization and coverage requirements PH-Accessible through Options or New Pathways Moving through Chronic Pain or through clinic-based behavioral health WOAH-CBT through Coos Health and Wellness; Curry residents through Curry Community Health
	Counseling (A&D or Mental Health)	SR	AC- A&D services through contracted Providers. MH services, please contact member's Mental Health Provider. No PA required JCC- Please contact behavioral health department at 503-416-3404 for authorization and coverage requirements PH-A&D services through Choices Counseling, MH through Options WOAH- Mental Health through Coos Health and Wellness; Substance use treatment through Adapt; Curry residents through Curry Community Health

Flexible Services	Self-Management Program	SR	Josephine County- New Pathways (CBT/Movement) All Counties- Living Well with Chronic Pain
	Exercise/ Yoga	SR, PA*	AC- YMCA, Private Health Clubs JCC-YMCA, no PA *PH-Flexible service request required for gym membership WOAH-Bay Area Hospital Community programs, health clubs participating in WOAH Weight Management program
Medication Benefits	Medication (Rx required for coverage)	Formulary Or Non-formulary	CCO Notes Based on coverage within OHP Prioritized List and CCO formulary drug list
	NSAIDs/Acetaminophen	F	
	Salon-Pas Patches	F*	*JCC-
	Anti-Convulsants, TCAs	F*	*Lyrica req PA
	Topical Analgesics	F*	*JCC-some topicals are NF

CCO Contact Information		
AllCare Health	Pharmacy Services	(541) 471-4106
	AllCare Customer Service	
Jackson Care Connect	Rachel Vossen, Pharm.D.	(503) 416-3403
	Autumn Chadbourne Provider Relations Specialist	(503) 416-4705
Primary Health of Josephine County	Deana Floyd Pharmacy Services	(541) 471-4208
	Chris Burnham Member Services, Authorizations	
Western Oregon Advanced Health	WOAH Pharmacy Services	(541) 269-0388
	WOAH Customer Service	(541) 269-7400

Key	
SR	Self-referral
PA	Prior Authorization
F	Formulary (covered medication)
NF	Non-formulary (not covered medication)
AC	AllCare Health
JCC	Jackson Care Connect
PH	Primary Health of Josephine County
WOAH	Western Oregon Advanced Health
PCP	Primary Care Provider

CCO Formulary Drug Lists:
AllCare: <https://providers.allcarehealth.com/Formularies.aspx>
Jackson Care Connect: <http://www.jacksoncareconnect.org/for-providers/drug-list>
Primary Health: <http://www.primaryhealthjosephine.com/memberResources.html#fndtn-panel6>
Western Oregon Advanced Health: http://www.woahcco.com/wp-content/uploads/2014/12/WOAH-Formulary-2016-Printable_Revision_ByClass.pdf