The ability to receive food donations has not been verified. 10/28/25

Version: 09/2025

Agency	Category	City	Web Address	Phone	Email	Address	Language	Notes
1st Phoenix Community Center	**Clothing, Food**	Phoenix	**https://1stphoenix.org/**	541-543-6874	**1stPhoenixcc@gmail.com**	121 W 2nd Street, Phoenix OR 97535	**English**	Clothes are available to those neighbors in need, Saturdays, 8am-12pm, and on Wednesdays, 1pm-3pm. Men's, women's and children's clothes, seasonal wear, tarps, blankets and linen are limited to stock on hand. The Food Pantry is open from 8AM to 12noon on Saturdays (Except Holidays).
Access	**Disability, Financial Assistance, Food, Housing Assistance, Seniors, Utilities, Veterans**	Medford	**https://accesshelps.org/**	541-779-6691	**info@accesshelps.org**	3630 Aviation Way, Medford OR 97504	**English, Spanish**	Services include: information & referral; heating assistance & home weatherization; senior assistance and family services; affordable housing, home purchase, foreclosure prevention & rental assistance; a housing list (one for general public & another for those with disability) emergency food boxes; food pantries; and veterans & families program, medical equipment Office Hours: Mon - Thur, 8am - 5pm
Ashland Community Food Bank	**Food**	Ashland	**https://ashlandcfb.org/**	541-488-9588	**info@ashlandcfb.org**	560 Clover Ln, Ashland OR 97520	**English**	Are you a resident of Ashland or Talent? Are you struggling to meet your family's food needs? We're here to help. Everyone is welcome. Just bring a current ID and some proof of residency in 97520 or 97540 zip code(such as utility bill, rental agreement or bank statement). We do NOT require any financial information and the intake process is quick and easy. We will provide you with a shopping list to choose three days worth of food, including fresh produce and hygiene products. If you are unhoused we can help, providing food and services that meet your circumstances. Hours: Monday through Friday from 9:30am to 12:30 pm, Every 3rd Saturday from 9:30am - 12:30pm
Ashland Senior Services Division	**Food, Resource Navigation, Seniors**	Ashland	**https://ashlandoregon.gov/596/Senior-Services**	541-488-5342	**seniorinfo@ashland.or.us**	1699 Homes Avenue, Ashland OR 97520	**English**	The Ashland Senior Services Division offers many services and a variety of free or low-cost recreation, fitness, social and education opportunities activities for seniors at the Ashland Senior Center and other locations. Hours: 8:30am - 3:30pm
First Christian Church Food Pantry	**Food**	Medford	**https://www.mfccor.org/**	541-772-8030	**mfccor@gmail.com**	1900 Crater Lake Avenue, Medford OR 97504	**English**	Access Food Pantry: Mondays from 11:15am - 1:30pm.
Food & Friends - Meals on Wheels	**Food, Seniors**	Medford	**https://rvcog.org/home/sds-2/food-friends-meals-on-wheels/**	541-734-9505		2860 State Street, Medford OR 97504	**English, Translation Services**	Food & Friends is the Meals on Wheels and Senior Meals program serving Jackson and Josephine Counties. We serve lunch at dining sites located throughout our service area for seniors 60 years old and older. The suggested donation per meal is $3, although no one is ever turned away for inability to pay. We also deliver Meals on Wheels to seniors 60 years old or older and adults with disabilities who are unable to shop or prepare meals for themselves due to illness, injury, or disability.

Food Pantry Listings - Jackson County	**Food**	Jackson County	**https://accesshelps.org/food-pantries/**				**English, Spanish**	List of all food pantries in Jackson County, check webpage for details.
Gold Hill Christian Center Food Pantry	**Food**	Gold Hill	**https://goldhillchristiancenter.com/**	541-855-7331		775 5th Ave, Gold Hill OR 97525	**English**	Food Pantry Hours: Every 2nd & 4th Saturday, from 9am - 12pm
Medford Community Services - Food Pantry	**Food**	Medford	**https://medfordsda.org/calendar**	541-772-6021	**(blank)**	1900 Greenwood St, Medford OR 97504	**English**	Access Food Pantry: Wednesdays, 9:30am - 11am. Serves people by last name, check Access webpage (https://accesshelps.org/food-pantries/) to see what names are being served per date.
Medford Gospel Mission	**Clothing, Food, Houseless/Crisis Shelter**	Medford	**https://medfordgospelmission.org/**	541-779-1597	**contact@medfordgospelmission.org**	125 W Jackson St, Medford OR 97501	**English**	Food Service - Every weekday evening a delicious meal is prepared in a full-service kitchen. It's a restaurant quality meal and experience at no cost to diners. Hours: Monday - Friday, 5:30pm - 6:30pm Clothing - The Outfit Outlet is currently assisting via request, please visit the web page to reach out regarding any requests.
OHRA	**Employment, Food, Houseless/Crisis Shelter, Housing Assistance, Hygiene, ID Assistance, Mail/Phone/Internet Access, Medical, Resource Navigation**	Ashland	**https://ohrahelps.org/**	541-631-2235	**info@ohrahelps.org**	2350 Ashland St, Ashland OR 97520 | Mailing: PO Box 1133, Ashland OR 97520	**English, Spanish**	Services: Walk-in Resource Center Open 9am-2pm Monday-Friday. M-T-TH-F services are provided by appointment only, Wednesdays are first come, first served walk-in appointments. 49 room year-round non-congregate shelter. Laundry Shower Trailer located at OHRA Tuesdays and Thursdays from 10am-2pm.
Oregon Department of Human Services - Ashland Self-Sufficiency	**Financial Assistance, Food, Government**	Ashland	**https://www.oregon.gov/odhs/benefits/Pages/default.aspx**	541-482-2041		1658 Ashland St, Ashland OR 97520	**English, Spanish, Translation Services**	ODHS Self-Sufficiency offices help with food benefits (SNAP), cash for families (TANF), child care assistance, refugee services and domestic violence.
Oregon Department of Human Services - Medford Disability Services Office	**Abuse, Disability, Financial Assistance, Food, Medical, Government**	Medford	**https://www.oregon.gov/DHS/seniors-disabilities/Pages/index.aspx**	541-776-6210		28 W 6th St Suite D, Medford OR 97501	**English, Spanish, Translation Services**	Medicaid programs, food and nutrition services, report abuse and neglect.
Oregon Department of Human Services - Medford Self Sufficiency	**Financial Assistance, Food, Government**	Medford	**https://www.oregon.gov/odhs/benefits/Pages/default.aspx**	541-776-6172		673 Market St, Medford OR 97504	**English, Spanish, Translation Services**	ODHS Self-Sufficiency offices help with food benefits (SNAP), cash for families (TANF), child care assistance, refugee services and domestic violence.
Oregon Department of Human Services - Medford Senior Services Office	**Abuse, Financial Assistance, Food, Medical, Government, Seniors**	Medford	**https://www.oregon.gov/DHS/seniors-disabilities/Pages/index.aspx**	541-776-6222		2860 State St, Medford OR 97504	**English, Spanish, Translation Services**	Medicaid programs, food and nutrition services, report abuse and neglect.

Oregon Department of Human Services - Oregon Eligibility Partnership Statewide Processing Center	**Financial Assistance, Food, Government**	Medford	**https://www.oregon.gov/odhs/benefits/Pages/default.aspx**	1-800-699-9075			**English, Spanish, Translation Services**	ODHS Self-Sufficiency offices help with food benefits (SNAP), cash for families (TANF), child care assistance, refugee services and domestic violence.
Oregon Department of Human Services - Rogue Family Center	**Financial Assistance, Food, Government**	White City	**https://www.oregon.gov/odhs/benefits/Pages/default.aspx**	541-776-6160		Rogue Family Center 3131 Avenue C, White City OR 97503	**English, Spanish, Translation Services**	ODHS Self-Sufficiency offices help with food benefits (SNAP), cash for families (TANF), child care assistance, refugee services and domestic violence.
Oregon WIC Program - Oregon Health Authority	**Children, Food, Government, Infants/Pregnancy, Medical**	Medford	**https://www.oregon.gov/oha/ph/healthypeoplefamilies/wic/pages/index.aspx**	541-774-8203		140 S. Holly St Medford OR 97501	**English, Spanish, Translation Services**	Office Hours: 8:00am -5:00pm (M-F) closed 12:00-1:00; Closed from 8:00am - 9:00am on the fourth Wednesday of every month
Prospect Communty Food Bank	**Food**	Prospect	**https://www.facebook.com/prospectnazarenechurch/**	541-560-3665		471 Mill Creek Dr, Prospect OR 97536	**English**	Food Pantry Hours: Every 2nd & 4th Friday, from 9am - 12pm
Rogue Food Unites	**Food**	Jackson County	**https://www.roguefoodunites.org/**		**info@roguefoodunites.org**		**English, Spanish**	RFU coordinates with locally-invested food businesses to provide fresh, nutritious, and shelf-stable ingredients, assembled and delivered to our communities. Currently, RFU runs a weekly No Cost Neighborhood Farmer's Market, see webpage for days and times.
Rogue River Assembly of God Outreach Ministries	**Clothing, Food**	Rogue River	**https://www.rogueriverassemblyofgod.com/ministries**	541-582-0563	**rogueriverassemblyofgod@gmail.com**	270 W. Evans Creek Rd, Rogue River OR 97537	**English**	Harvest House Food Bank: Thursdays, 10am - 12pm Mustard Seed Secondhand Boutique: Mondays 10 am - 2 pm Thursdays 10 am - 3 pm 2nd Saturday of Each Month 10 am - 2 pm (50% off entire store) Homeless Ministry: Thursdays, 11am - 3pm
Rogue River Community Center	**Addiction, Food, Seniors**	Rogue River	**https://www.rogueritercc.org/**	541-582-0609	**info@rogueritercc.org**	132 Broadway St, Rogue River OR 97537	**English**	The community center has a food pantry, community dinners, daily Food & Friends lunches, medical rides, card games, art, exercise classes and more. Hours: Monday - Friday, 9am - 3pm
Set Free Services	**Clothing, Food, Hygiene**	Medford	**https://www.setfreeservices.org/**	541-773-4004	**Community@setfreeservice.org**	1032 W. Main St, Medford OR 97501	**English**	Food - The pantry serves between 100-160 families every week with a supply of 3-5 days of food. The food consists of canned, dry, frozen meats, fresh dairy and salads, vegetables, breads and pastries. Food pantry participants shop in a grocery type setti
St. Mark's Episcopal Church - Food Pantry	**Food**	Medford	**http://stmarks-medford.org/food_pantry**	541-773-3111		140 N Oakdale, Medford OR 97501	**English**	St. Mark's is an ACCESS Emergency Food Bank Pantry. Hours: Wednesdays, 9:30am - 11am

St. Vincent De Paul - Medford	**Clothing, Dental, Houseless/Crisis Shelter, Hygiene, Food, Mail/Phone/Internet Access, ID Assistance, Housing Assistance, Utilities**	Medford	**http://www.stvincentdepaulmedford.info/**	541-772-3828	**ContactUs@svpdmedford.org**	2424 N Pacific Hwy, Medford, OR 97501	**English**	Services: Dining Room: Monday-Friday 11:00am – 1:00pm Pantry: Last Friday of the month 11:00 am– 1:00 pm Urban Rest Stop: Tuesday & Thursdays 9:00am – 1:00 pm Haircuts: Tuesday & Thursdays 11:00am – 1:00 pm Homeless Family Shelter – call for availability Social Services Home Visits Dental Main Office Hours: Phone: Monday -Friday 10:00 am – 2:00 pm Lobby: Tuesday & Thursday 11:00 – 1:00 pm (camping supplies, hygiene products, clothing vouchers, etc.
Talent Food Pantry	**Food**	Talent	**https://www.facebook.com/talentfoodpantry/**	541-414-4570	**talentfoodpantry@gmail.com**	104 E Main St, Talent OR 97540	**English**	Food Pantry Hours: Monday, 4pm - 5pm
Teresa McCormick Center (TMAC)	**Education, Financial Assistance, Food, Houseless/Crisis Shelter, Transportation, Mail/Phone/Internet Access**	Medford	**https://www.tmaconline.org/**	541-864-5098	**info@tmaconline.org**	2500 S Pacific Hwy, Medford OR 97501	**English**	Resource center available to anyone in need. We provide supplemental food, clothing, educational opportunities and referrals. Hours - Mon, 2pm - 4:30pm | Thur, 10am - 1pm
The Butte Falls Community School Partnership - The Landing	**Clothing, Children, Education, Food, Teens**	Butte Falls	**https://www.buttefallscsp.org/**	541-865-3500	**lindseyt@bfcsp.org**	801 Laurel Avenue, Butte Falls, OR 97522	**English**	The Landing is a resource hub that houses a food pantry and preschool and offers a variety of community supports. Services we offer are food, pre-k education, clothing, community garden, and emergency preparedness.
The Children's Sanctuary Church	**Food**	Medford	**https://www.thechildrenssanctuarychurch.com/**	541-941-0305	**thechildrenssanctuarychurch.com**	707 W Main St, Medford OR 97501 | Mailing: PO Box 8325, Medford OR 97501	**English**	Free lunches 12pm Sundays Free Dinners 5pm Wednesdays and Fridays
The Gleaning Network	**Food**	Central Point	**https://thegleaningnetwork.org/**	541-665-1500	**info@thegleaningnetwork.org**	Physical: 201 Bateman Dr #12, Central Point OR 97502 | Mailing: PO Box 5214, Central Point OR 97502	**English**	Provides approx. 40 pounds of food per month to members. Membership is about $30-$50 every three months. There are scholarships available and free emergency food boxes for individuals are families. Hours: Mon, Tue, Thur, Fri, 9am - 12pm Available by appointment if needed

The Salvation Army	**Childcare, Children, Clothing, Financial Assistance, Food, Furniture, Houseless/Crisis Shelter, Housing Assistance, Resource Navigation, Veterans**	Medford	**http://jacksoncounty.salvationarmy.org/**	541-773-6965		Community Center: 304 Beatty St, Medford OR 97501 | Social Services & Store: 922 N Central Ave, Medford OR 97501	**English, Spanish, Translation Services**	Rehabilitation, Disaster Services, Seasonal Services, Transitional Housing, Clothing and Food Vouchers, Camping Activities, Christian Education, Womens Ministries,Worship Services, Music & Arts Program, Men's Ministries
Unete - El Mercadito gratis de ACCESS	**Food**	Medford	**https://medfordumchurch.org/**			607 W Main St Medford, OR 97501	**English, Spanish**	The ACCESS Mobile Food Pantry comes to our office every Wednesday from 12pm - 2pm. Please bring your own bags! | El Mercadito de ACCESS (Camión de comida) viene a nuestra oficina cada miércoles de 12pm - 2pm. Favor de traer sus propias bolsas.
Upper Rogue Community Center	**Food, Housing Assistance, Utilities**	Shady Cove	**https://upperroguecommunitycenter.com/**	541-878-2702	**urcc216@gmail.com**	22465 OR-62, Shady Cove, OR 97539	**English**	Office - Open Wednesdays (9-1 pm) Food Pantry: every Thursday from 10-12:00 Thrift Shop open: Wed -Sat 10-3p.m. Offer rent & utility assistance to Upper Rogue Communities only (does not include Eagle Point)
West Medford Pantry	**Food**	Medford	**https://accesshelps.org/food-pantries/**			750 N Columbus Avenue, Medford OR 97501	**English**	Access Food Pantry: Tuesdays, from 12:30pm - 3pm